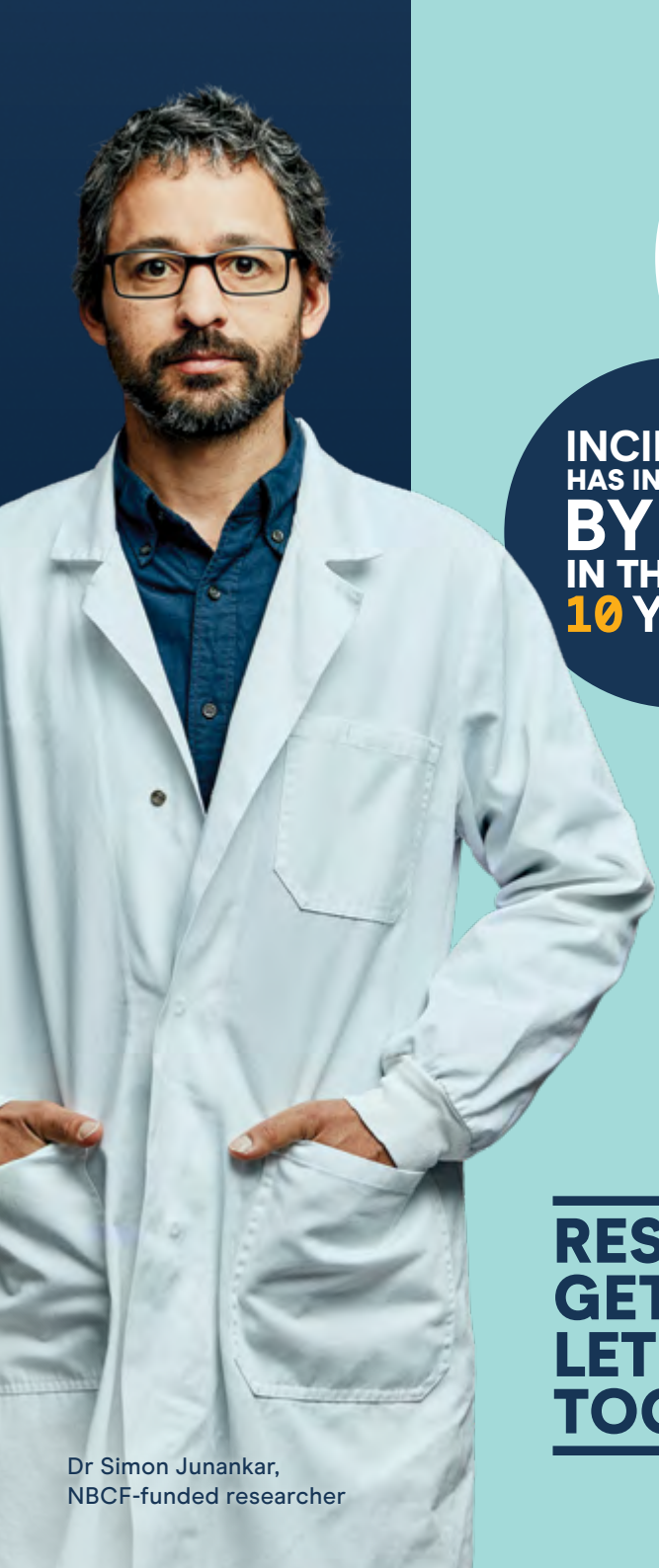
WHAT WE DO TODAY CAN CHANGE FOREVER

Create a legacy that will echo down the generations.

National Breast Cancer Foundation
RESEARCH GUARDIANS



Dr Simon Junankar,
NBCF-funded researcher

BREAST CANCER IS THE MOST COMMONLY DIAGNOSED CANCER IN AUSTRALIA

INCIDENCE HAS INCREASED BY 38% IN THE LAST 10 YEARS

1 IN 700

MEN WILL BE DIAGNOSED IN THEIR LIFETIME

1 IN 8

WOMEN WILL BE DIAGNOSED IN THEIR LIFETIME

RESEARCH GETS RESULTS. LET'S END THIS TOGETHER.

Breast cancer is now the most commonly diagnosed cancer in Australia. 50 women are diagnosed every day. Countless families are affected.

But together, we can stop breast cancer in its tracks. How? By investing in life-changing research – because research gets results.

The National Breast Cancer Foundation (NBCF) is funding research to better understand the molecular origins of breast cancer. Developing new tests, treatments and interventions is also improving outcomes for those affected. But the job's far from done.

Beating breast cancer is a long-term goal. Leaving a gift in your Will is an opportunity to support this vision. It's a legacy that will alter the face and future of breast cancer in Australia.

At NBCF we receive no government funding but pledge to keep problem solving. By leaving a gift in your Will, you are joining this pledge.

Progress is only possible with the support of people like you. When you become a **Research Guardian** by including a gift in your Will to NBCF, you are funding innovative research. You are empowering people to live longer and with a better quality of life.

You are leaving a gift to benefit countless future generations.

Please consider becoming a **Research Guardian** – and help create a better reality for people with breast cancer.

Yours sincerely,

Professor Sarah Hosking
CEO, National Breast Cancer Foundation

THE BEST WAY TO PREDICT THE FUTURE IS TO CREATE IT

Since the National Breast Cancer Foundation started in 1994, breast cancer survival rates have improved from 76% to 91%. NBCF has invested more than $162 million in 514 life-changing research projects.

We've made an undeniable impact on the future of breast cancer in Australia. And we've done it entirely with the support of people like you.

Despite improvements, we still lose eight women every day.

They are startling statistics. But together we can change them.

By identifying, funding and championing world-class research, we can beat breast cancer. We can create better diagnostic tools, improve treatment – and ultimately save lives.

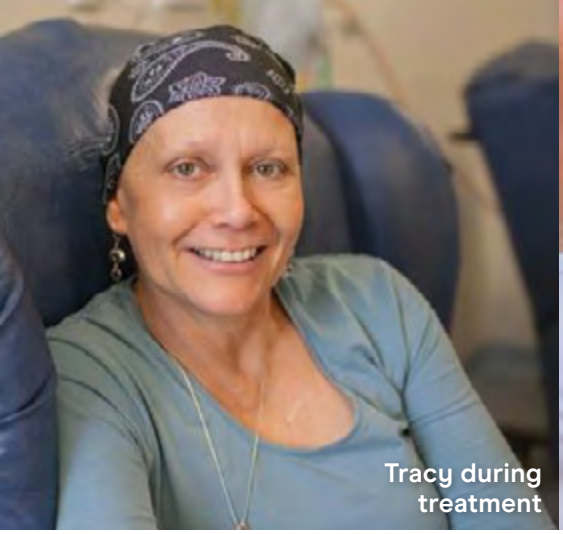
Tracy and Gail

Meet Tracy

Tracy and her sister Gail were both diagnosed with an aggressive form of breast cancer – almost 20 years apart.

Gail's cancer came first, already too advanced by the time it was detected. And tragically, she died within two years of her diagnosis. As Tracy recalls:

"Gail was just 45 when she found a lump in her breast. The outlook in the mid-1990s was not that great. Although she commenced treatment, the options at the time didn't fit my sister's type of cancer, which had spread to her brain. Gail's daughters took care of her and she died at home with all of us there with her. It was one of the hardest things I've ever had to deal with."



Tracy during treatment

Tracy enjoying life after breast cancer

In the years since Gail's diagnosis, game-changing research has increased survival rates significantly. Many scientific breakthroughs have led to earlier detection and better treatment options – including those funded by NBCF.

20 years later, Tracy was diagnosed with triple negative breast cancer after one of her yearly mammograms.

Thankfully, Tracy's cancer had been detected early. The treatment she received was far less invasive than Gail's – successfully saving her life.

"I am so thankful that things have changed. There is now a much greater recognition and knowledge of familial breast cancer, especially triple negative breast cancer. We also now know of different treatments required for this particular type of cancer."

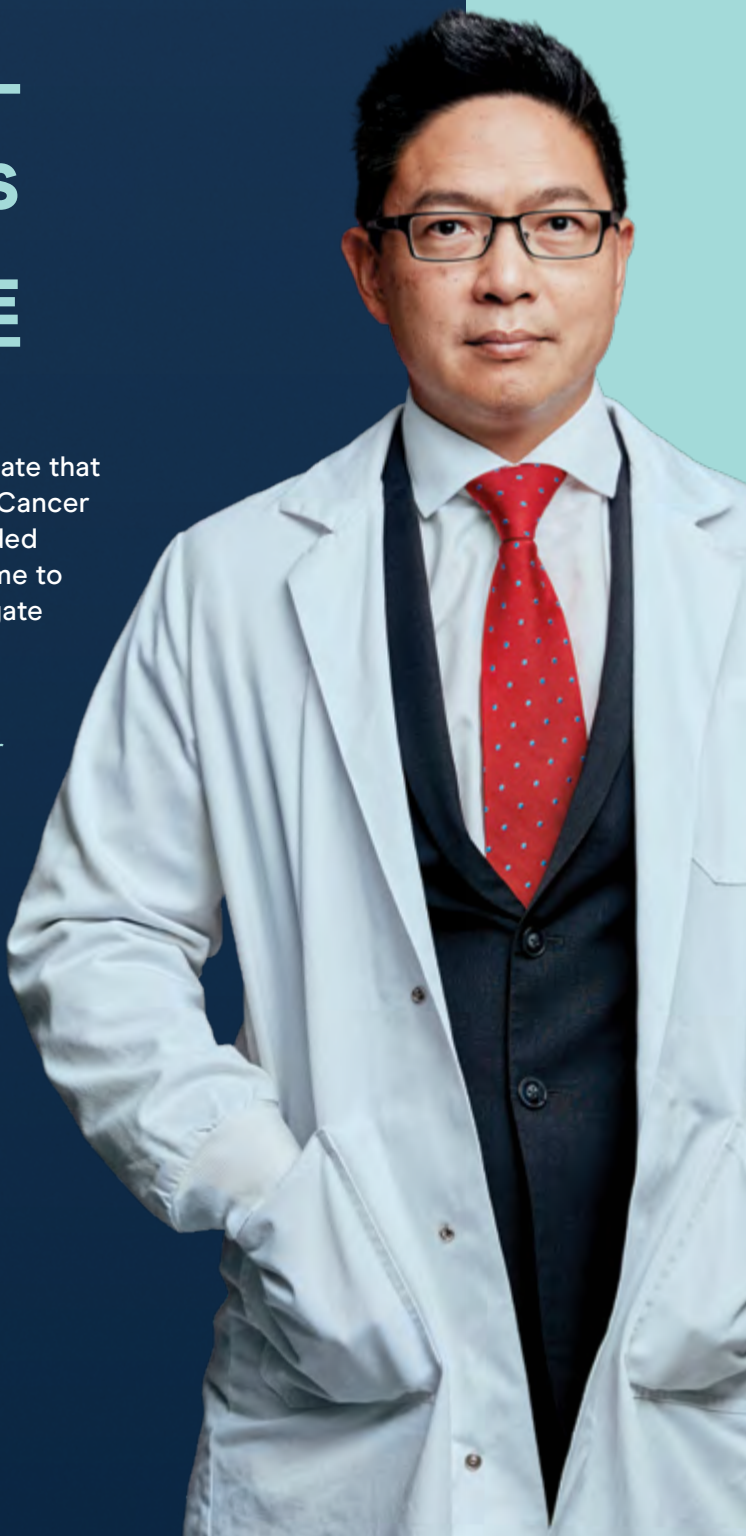
"When the doctor gave me the all clear, I was so happy I couldn't help but cry. My only regret is that Gail and her family weren't able to benefit from these changes too."

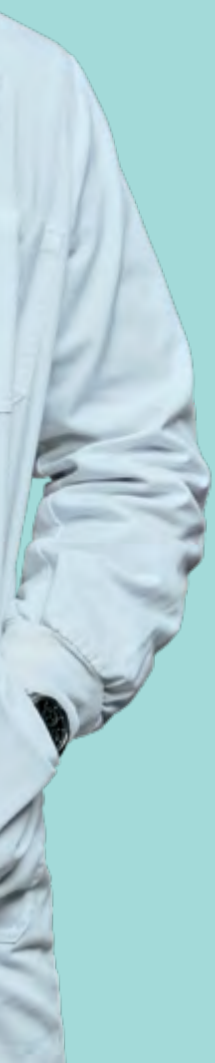
We're committed to a future where survival rates will be 100%. And your gift will make this possible.

WE'RE SERIOUS ABOUT SCIENCE

"I have been fortunate that the National Breast Cancer Foundation has funded projects that allow me to be bold and investigate new frontiers."

– Associate Professor Elgene Lim, NBCF Endowed Chair





We're committed to funding a broad spectrum of breast cancer research. Research that is improving our understanding of how breast cancer originates and spreads. Research that is helping us improve tests, treatments and interventions.

The more research we fund, the closer we get.

But while some research provides immediate results, most require a long-term approach.

That's why NBCF launched the Endowed Chairs Program.

Supported by funds raised entirely by the Australian public, the Endowed Chairs Program comprises two ten-year research grants for a total value of $5 million each. The long-term commitment will not only give greater stability to emerging leaders in breast cancer research, but it will also allow researchers to advance ground-breaking projects – and bring the benefits of research to affected women and men much faster.

Associate Professor Elgene Lim is pioneering a project focused on improving outcomes for people with metastatic breast cancer.

Metastatic breast cancer occurs when the tumour spreads beyond the primary site of the breast. As it has the lowest survival rates, it continues to be a major focus for NBCF-funded research.

By researching new ways to overcome hormone resistance and sensitise metastatic breast cancer to hormone therapies, Associate Professor Elgene Lim is working to improve survival rates.

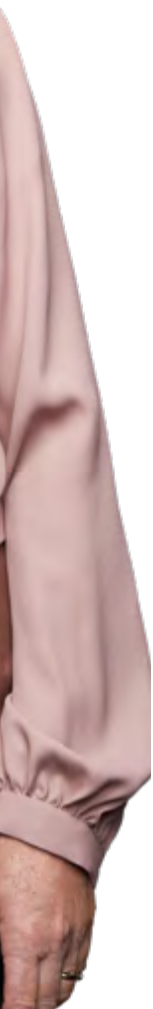
Your gift will help fund game-changing research today, and into the future.

STOPPING BREAST CANCER IN ITS TRACKS

"The clear difference between me and my mum was that I was able to stop cancer in its tracks. Mum didn't have that option."

– Kate,
Research Guardian

Photo by Damian Bennett



At the age of 49, Kate was diagnosed with breast cancer after a mammogram detected a small cancer in her breast. Mammograms were routine for Kate due to her strong family history of breast cancer: her mother died from breast cancer when she was eight and her two older sisters were also diagnosed.

“When I was diagnosed I was in shock – even though I had been fearful about getting breast cancer my entire life due to my family history with the disease,” she explained.

“At the time of my diagnosis much work had been done in discovering the BRCA1 and BRCA2 genes and their predisposition to breast cancer. However, doctors couldn’t pinpoint the genes that caused my familial link, highlighting the need for further research to be conducted in this area.”

Kate made the difficult decision to remove her breasts, and today she remains cancer-free and enjoys an active and healthy life with her family.

“Before I got involved with NBCF I couldn’t bear to think what might happen after all that our family has been through,” she says. “But now that I know so much about the research that NBCF is funding, I feel a lot calmer.”

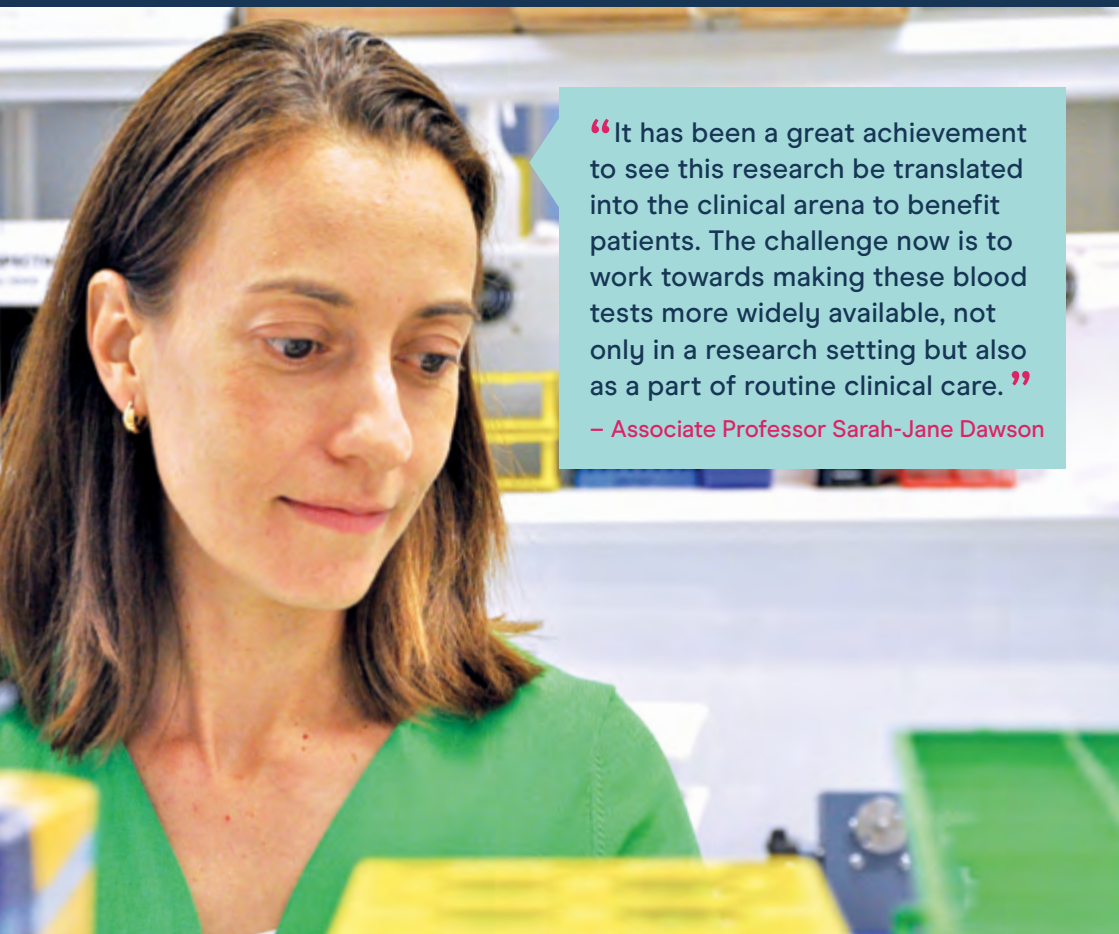
When the time came for Kate and her husband to make their Will, leaving a gift to NBCF to fund vital breast cancer research, was a natural and obvious choice.

“Because of my own experience I want to make a difference to breast cancer research both now and in the future. Today’s discoveries lay the foundation for new treatments and medical advancements that will benefit future generations,” said Kate.

“Leaving a gift in my Will was a simple and seamless process. I encourage Australians who are passionate about making a difference to breast cancer to consider the National Breast Cancer Foundation when they are making or updating their Will.”

IMPROVING OUTCOMES FOR BREAST CANCER PATIENTS

Thanks to NBCF funding, Associate Professor Sarah-Jane Dawson is developing a blood test (or liquid biopsy) that will allow doctors to follow the progress of patients without taking invasive tissue samples.



> "It has been a great achievement to see this research be translated into the clinical arena to benefit patients. The challenge now is to work towards making these blood tests more widely available, not only in a research setting but also as a part of routine clinical care."
>
> – Associate Professor Sarah-Jane Dawson

> “Without your support many important discoveries would not be made. Ongoing research is critical to improving the lives of people with breast cancer. Future funding will allow the full potential of the research to be realised and translated into the clinic to benefit all diagnosed.”
>
> – Associate Professor Sarah-Jane Dawson

Each research project brings us closer.

Associate Professor Sarah-Jane Dawson has received the equivalent of 11 years of funding from NBCF due to the quality and innovation of her work. Currently she is developing a new blood test to be used as an alternative to invasive tissue biopsies. This new ‘liquid biopsy’ will improve breast cancer detection and detect relapse.

“Through the development of liquid biopsies, my research hopes to use this new blood test to understand how well breast cancer treatments are working, predict when breast cancer may return, and help patients access treatments sooner,” says Associate Professor Dawson.

Research developments aimed at early detection are essential to improving survival rates, as it’s often impossible to detect dormant cancer cells still present after treatment.

Associate Professor Sarah-Jane Dawson’s breakthrough research has begun to be implemented in the clinic. This innovative testing has the potential to identify which patients are at risk of cancer returning, by detecting relapse months before it is clinically evident that cancer is present.

“We are making progress all the time. New screening strategies, new monitoring techniques and new treatments are all in development – and set to make a big impact in the near future,” says Associate Professor Dawson.

Without NBCF funding, this research wouldn’t have been possible.

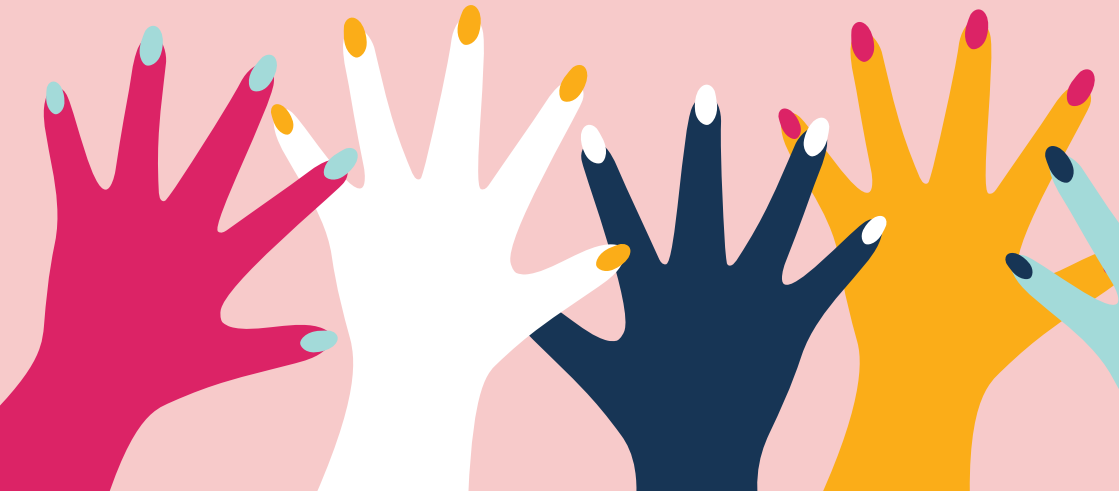
WHAT WE DO TODAY WILL ECHO DOWN THE GENERATIONS

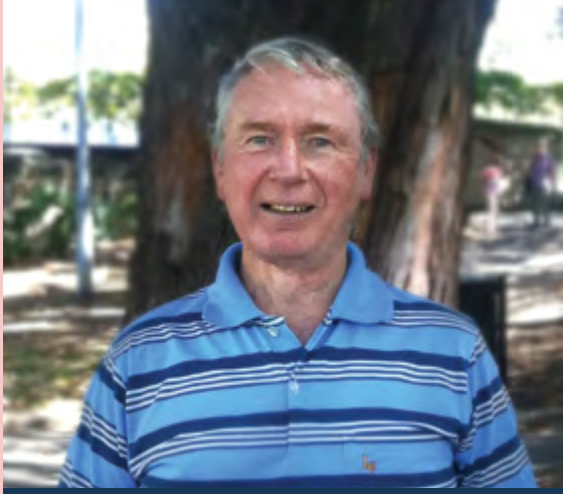
When you choose to leave a gift in your Will to the National Breast Cancer Foundation, you're joining a very special group of supporters, our Research Guardians.

Research Guardians are united by their commitment to funding innovative research. Together, they are leaving a legacy that will see people with breast cancer living longer. By leaving a gift in their Will, they are empowering future generations with a greater quality of life.

As a **Research Guardian**, you will receive exclusive invitations to lab tours and other special events, including regular opportunities to meet our CEO and team of talented researchers. We will also keep you up to date on the latest findings in breast cancer research.

Your gift will save lives.
Become a Research Guardian today.





Norman was 70 when he decided to leave a gift to the National Breast Cancer Foundation in his Will. He strongly believes in the need for more breast cancer research. And he's passionate about supporting projects long into the future.

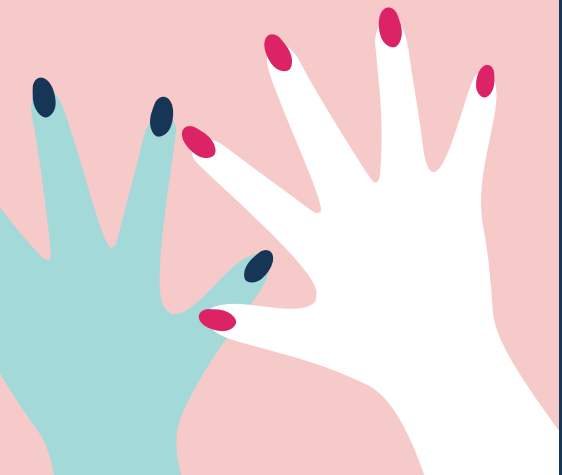
Becoming a **Research Guardian** was a way for Norman to leave a lasting legacy. To make a choice that will echo down the generations.

"Cancer has affected many members of my family. My sister and my niece have both battled breast cancer. I don't want to see any more members of my family go through the worry and pain that they did. Leaving a gift in my Will and becoming a Research Guardian, is one way I can help support research into the future to help beat this disease."

– Norman, Research Guardian

"Leaving a gift in my Will to NBCF is an amazing gift and the last 'good' thing that I can do that will make a difference in the world. I could not be prouder of being able to play a role in breast cancer research. Breast cancer treatment has definitely come a long way but there is still a long way to go. To know that my gift may help improve the lives of others is a wonderful feeling."

– Sarah, Research Guardian



WHAT WE DO TODAY CAN CHANGE FOREVER

“If I was diagnosed with breast cancer 10 years ago, there would have been no effective treatment for me. Research is why I’m still here.”

– Sarajoy,
diagnosed 2016

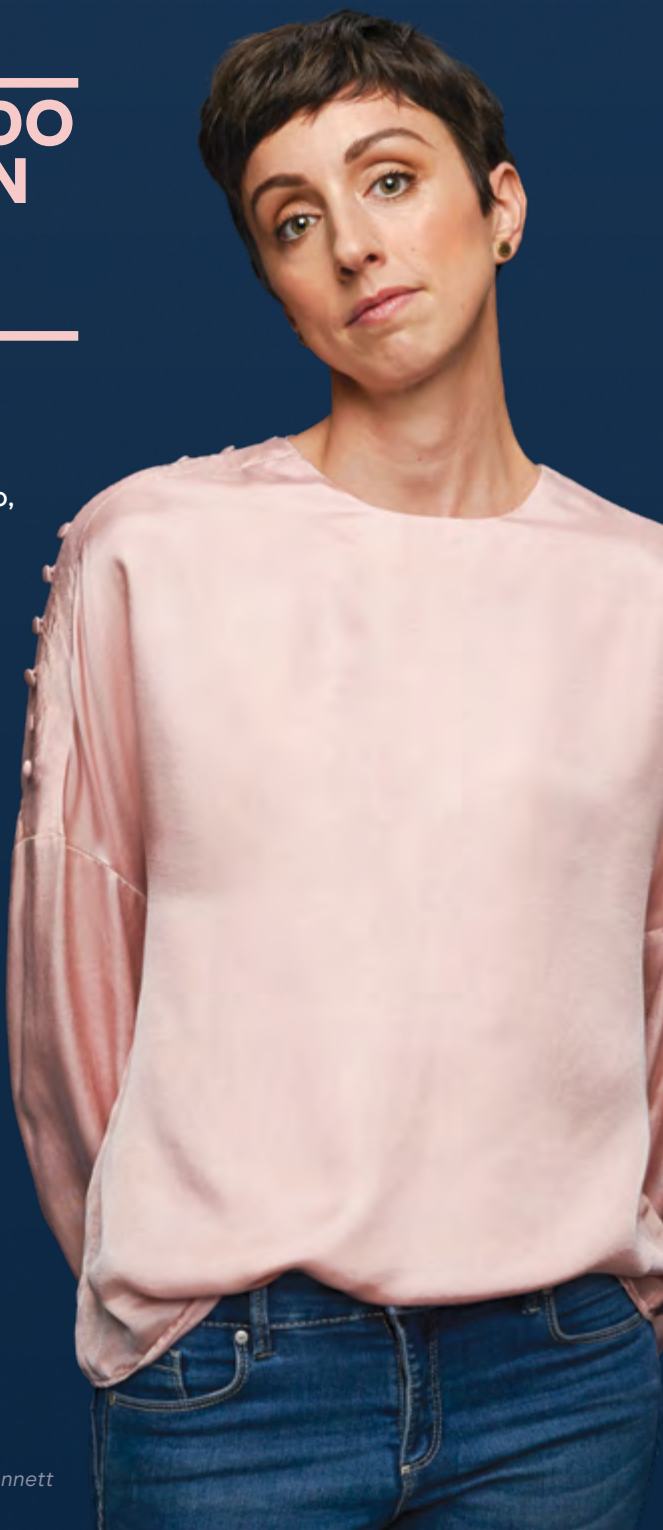


Photo by Damian Bennett

Become a Research Guardian

Having a valid Will is the only way to ensure your wishes are met. Of course, your Will should provide for your loved ones first. But we also hope you'll consider including a gift to the National Breast Cancer Foundation. A gift that will echo down the generations.

Your gift can take a variety of forms:

- **Residuary** – the remainder of an estate after specific gifts have been disbursed
- **Percentage** – a percentage of either the residue or the entire estate
- **Pecuniary** – a gift of a specific dollar amount
- **A specific asset** – real estate, shares, bonds or other particular items of value

Residuary and Percentage are the most beneficial forms of bequest as they hold their value over time.

Simply give the following wording to your Solicitor to include in your Will or as a Codicil to your Will once you have decided what kind of gift you would like to include:

'I bequeath to the National Breast Cancer Foundation, ABN 37 144 841 707, to promote and support breast cancer research,

a) the residue of my estate OR

b) percentage of my residuary estate (specified percentage) OR

c) the sum of (specified sum), OR

d) my (specified assets),

free of all duties and taxes including, if any CGT, and the receipt of the Secretary or other authorised officer for the time being shall be a complete and sufficient discharge for the executor(s). '

THANK YOU FOR YOUR SUPPORT

A gift to the National Breast Cancer Foundation is a gift to future generations.

Please don't hesitate to get in touch for more information or advice. Our Gifts in Wills Manager and Supporter Relations team are always on hand for help. Simply phone **1300 708 763**, or send an email to **bequests@nbcf.org.au**

Front cover image: Amanda, Margaret, and Gretal – NBCF advocates

National Breast Cancer Foundation
RESEARCH GUARDIANS

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