

ADD A GIFT IN YOUR WILL TO FUND BREAST CANCER RESEARCH

Create a legacy that will echo
down the generations



**National
Breast Cancer
Foundation**
RESEARCH GUARDIANS



**BREAST CANCER
IS THE MOST
COMMONLY
DIAGNOSED
CANCER AMONGST
WOMEN IN AUSTRALIA**

**AUSTRALIA
AND NEW ZEALAND
HAVE SOME OF THE
HIGHEST
BREAST CANCER
INCIDENCE RATES
IN THE WORLD**

9
**PEOPLE IN AUSTRALIA
LOSE THEIR LIFE TO
BREAST CANCER
EVERY DAY**

1 IN 7
**WOMEN WILL
BE DIAGNOSED IN
THEIR LIFETIME**

ABOUT
1 IN 600
**MEN WILL BE DIAGNOSED
WITH BREAST CANCER
IN THEIR LIFETIME**

ALMOST
1 IN 3
**MAY EXPERIENCE
BREAST CANCER
RECURRENCE**

**LET'S
END THIS
TOGETHER**

– Professor Paul Beavis,
NBCF-funded researcher



“Including a gift to the National Breast Cancer Foundation (NBCF) in my Will was a deeply personal decision. As CEO, I believe in leading by example and staying true to what matters most to me – supporting life-changing breast cancer research. This legacy gift represents not only my commitment to creating hope for future generations, but also my belief in the profound impact research can have on saving lives. It’s my way of contributing to a lasting legacy: a future free from the fear of breast cancer deaths. I hope my decision inspires others to consider how they can also create meaningful impact and enduring change through a gift in their Will to NBCF.”

– Dr Cleola Anderiesz, National Breast Cancer Foundation CEO

The National Breast Cancer Foundation (NBCF) is Australia’s leading not-for-profit organisation funding world-class breast cancer research towards our vision of Zero Deaths from breast cancer.

Since our inception in 1994, NBCF has invested over \$250 million into more than 650 world-class research projects across Australia. In this time, the death rate from breast cancer in Australia has reduced by over 40%. We’ve seen remarkable results, but the job’s not done.

We know research matters, and it is central and critical to improving breast cancer outcomes. That’s why we fund the very best breast cancer research in Australia by awarding grants via an open, national, competitive and rigorous peer review process.

A future free from deaths from breast cancer. It’s a future that’s already taking shape. Every person, every action, every story has the potential to lead to something extraordinary. The discoveries made here and now have an impact that will be felt for generations.

We appreciate the many ways our donors choose to support us.

On the front cover are Amanda, Margaret and Greta, NBCF advocates for many years who have chosen to add a gift to NBCF in their Wills.

RESEARCH SAVES LIVES

We are relentless in our commitment to our vision. We must continue to invest in research, fuel innovation, and support the brilliant research minds working tirelessly to end deaths from breast cancer.

Through our Pink Horizon Research Strategy, NBCF funds world-class breast cancer research aligned to four core research objectives.

Research focused on how to prevent breast cancer through precision prevention, how to detect breast cancer as early as possible and before it progresses, how to stop the progression and recurrence of breast cancer, and how to treat hard-to-treat and metastatic breast cancers – research that ultimately saves lives.

NBCF has three grant schemes that support a connected portfolio of ambitious and transformational research to address critical questions and accelerate progress towards our vision.

Research funded by NBCF often generates insights that extend beyond breast cancer, contributing to broader advances in cancer control, and helping to improve outcomes for more Australians.

“I have been fortunate that the National Breast Cancer Foundation has funded projects that allow me to be bold and investigate new frontiers.”

– Professor Elgene Lim,
NBCF Endowed Chair



A SOLUTION FOR ONE OF BREAST CANCER'S BIGGEST CHALLENGES

Some people diagnosed with breast cancer have dormant, or “sleeping”, cancer cells that have spread to other parts of the body, most commonly the bone. These cells can remain inactive for years, even decades, before reawakening and causing metastatic breast cancer, which is much more difficult to treat.

To tackle this challenge, NBCF is funding the groundbreaking AllClear research program, which is developing new ways to predict, detect and prevent breast cancer recurrence. The program's long-term goal is to halve deaths from breast cancer and accelerate progress towards NBCF's vision of Zero Deaths from breast cancer.

Led by Associate Professor Christine Chaffer at the Garvan Institute of Medical Research, AllClear is an unprecedented collaboration involving almost 60 researchers across seven leading research institutions and organisations in Australia and the United States, together with 11 hospitals across New South Wales.

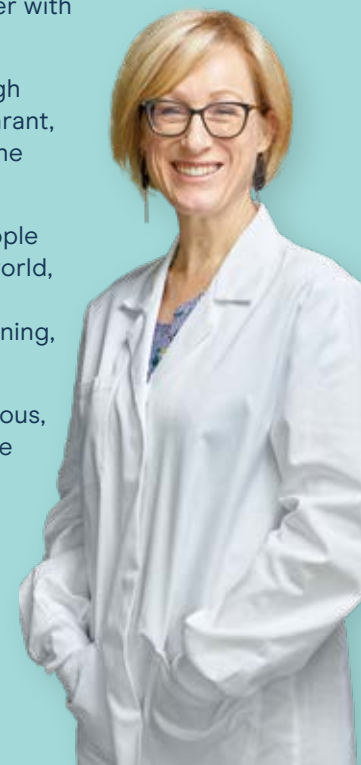
This transformational research is being delivered through NBCF's first-ever Collaborative Research Accelerator Grant, a landmark \$25 million investment over five years and the largest research grant in NBCF's history.

Using cutting-edge technologies and samples from people affected by breast cancer in Australia and around the world, the AllClear team aims to identify who is most at risk of recurrence, develop new therapies to stop cancer returning, and fast-track promising treatments into clinical trials.

As a Research Guardian, your support helps make ambitious, world-leading research like AllClear possible, giving more people the chance of a future free from breast cancer.

Thank you. Without the generosity of people like you, this research wouldn't be possible.

*These figures are relevant to the publication period of June 2026 and subject to change as new data/information becomes available.



WHAT IS A GIFT IN A WILL?

Leave a legacy of hope – become a Research Guardian

A **Gift in a Will**, also known as a **bequest** or **legacy**, is a donation you choose to leave to a charity in your Will. It's one of the most powerful ways to support the causes you are passionate about, creating a lasting impact on the world long after your lifetime. Choosing to write or revise your Will is an important and deeply personal decision. It is an opportunity to reflect on the people, values and causes that matter most to you, while ensuring your wishes for the future are honoured.

A gift in your Will can help fund groundbreaking breast cancer research that accelerates discoveries, improves treatment outcomes, and brings hope to families facing breast cancer in the future.

Including NBCF in your Will is an investment in life-changing breast cancer research and a future where no life is cut short by breast cancer.

We understand that your first priority will always be providing for your loved ones. However, many people find they can leave a small percentage of their estate to a cause close to their heart.

A gift in your Will is more than a donation – it is a powerful expression of your values, compassion and our shared hope for a future where no lives are lost to breast cancer.

WHY LEAVE A GIFT TO NBCF?

For more than 30 years, NBCF-funded research has helped improve the way breast cancer is prevented, detected, treated and understood.

Yet breast cancer remains the most commonly diagnosed cancer among women in Australia, and too many lives continue to be lost each year.

A gift in your Will can help NBCF:

- Support world-class research to better understand breast cancer, reduce risk and improve prevention
- Drive breakthroughs in early detection and diagnosis, helping people access treatment when it can be most effective
- Accelerate the development of more effective or personalised treatments to improve outcomes for people affected by breast cancer
- Fund ambitious, large-scale research programs focused on tackling the biggest challenges in breast cancer, including preventing recurrence and reducing deaths from the disease
- Bring us closer to our shared vision of Zero Deaths from breast cancer.



“Breast cancer research is extremely important to me as a two-time survivor. My final gift to NBCF will be in my Will as I believe research is the key to improved outcomes for those diagnosed and to Zero Deaths from breast cancer.”

– Tina, NBCF Research Guardian

HOW TO ADD A GIFT IN YOUR WILL

It is important to have a Will to ensure your estate is given to the people and causes you care most about. Making or updating your Will does not need to be expensive or complicated, but you should seek legal advice and talk through how you wish your estate to be distributed. Reviewing your Will every few years is also important as circumstances change throughout your life such as marriage, sale of a property, birth of children or grandchildren, and changes to family relationships.

Every gift helps

Even a tiny percentage after all your other gifts have been made will make a real difference. There are several different ways to add a gift in your Will:

- **A residual gift**

A residual gift is a percentage of your estate and can range from 1% to 100% – giving you the choice to leave 99% of your estate to your loved ones and 1% to NBCF (or more, if that suits your circumstances). A residual legacy is the best type of gift

because it automatically adjusts to changes in the value of your estate and does not interfere with any other specific bequests left to those you care about.

- **Whole or part of your estate**

You can leave your entire estate or any part of your estate to NBCF.

- **A fixed sum of money**

Also known as a pecuniary bequest, in the form of a specific cash amount.

Imagine the impact your legacy gift could make.



“Research discovery is fundamental to improving breast cancer outcomes and working towards Zero Deaths from breast cancer. We are immensely grateful to NBCF supporters and donors – their passion and funds are essential to fuelling our research efforts, which we hope will have a real impact on breast cancer outcomes for the next generation.”

– Professor Geoffrey Lindeman, NBCF-funded Researcher

Gifts in Wills – quick information

Legal Name:

National Breast Cancer Foundation

ABN: 37 144 841 707

Address:

GPO Box 4126, Sydney NSW 2001
Level 7, 50 Margaret Street, NSW 2000

It is very simple to include a gift to NBCF in your Will. Just use the following wording or supply it to your solicitor:

Suggested wording for your Will:

“I bequeath to the National Breast Cancer Foundation, ABN 37 144 841 707, to promote and support breast cancer research,

a. the residue of my estate, **OR**

b. percentage of my residuary estate (specified percentage), **OR**

c. the sum of (specified sum), **OR**

d. my specified assets,

free of all duties and taxes including, if any CGT, and the receipt of the Secretary or other authorised officer for the time being shall be a complete and sufficient discharge for the executor(s).”

We recommend you discuss the type of gift you would like to leave to NBCF with your solicitor.

Even adding just 1% as a gift in your Will can enable researchers to continue making discoveries that will help create a future where no one dies from breast cancer – whilst ensuring that your loved ones are provided for.

A Gift for Future Generations

Whether you have experienced breast cancer yourself, supported a loved one through their diagnosis, or simply believe in a future where no one fears dying from this disease, you have the power to create lasting change.

Your gift is an investment in the health and wellbeing of future generations. It can help accelerate discoveries, improve treatment outcomes, and bring hope to families facing breast cancer in the years ahead.

No matter the size, every gift makes a difference and helps ensure vital breast cancer research can continue for generations to come.

Become a Research Guardian

When you include NBCF in your Will, you become part of a special community we proudly call our Research Guardians – compassionate individuals whose generosity helps fuel discoveries, protect lives and create hope for future generations.

Research Guardians, past and present, have played an important role in helping researchers make crucial breakthroughs, many of which are already improving the lives of people affected by breast cancer.

It can be deeply rewarding to know that your kindness and generosity will continue to make a difference long into the future.

Let us thank you

Once you have included NBCF in your Will, we would appreciate you letting us know so that we can thank you personally.

It is a privilege for NBCF to be considered as part of your legacy.

Together, we can create a future where no lives are lost to breast cancer.

“Leaving a gift in my Will to NBCF is an amazing gift and the last ‘good’ thing that I can do that will make a difference in the world. I could not be prouder of being able to play a role in breast cancer research. Breast cancer treatment has definitely come a long way, but there is still a long way to go. To know that my gift may help improve the lives of others is a wonderful feeling.”

– Sarah, Research Guardian

“We have four granddaughters. We have made a gift in our Wills to NBCF because we want to enable researchers to make even more discoveries and develop effective new treatments which will protect our family and future generations from breast cancer.”

– Jill and Wayne, Research Guardians



“Cancer is everywhere and I’ve known some wonderful ladies, who, unfortunately, lost their battles with breast cancer. I know many others who have gone through the terror of being diagnosed and the hard time of enduring treatment and all the time wondering whether you’ll be one of those that survives... and for how long? Keep up the wonderful work!”

– Kerry, Research Guardian



“Cancer has affected many members of my family. My sister and my niece have both battled breast cancer. I don’t want to see any more members of my family go through the worry and pain that they did. Leaving a gift in my Will and becoming a Research Guardian, is one way I can help support research into the future to help beat this disease.”

– Norman, Research Guardian

THE BEST WAY TO PREDICT THE FUTURE IS TO CREATE IT

Every year, over 20,000* people in Australia are diagnosed with breast cancer.

By adding even 1% in your Will, you can help create a future where no one dies from breast cancer.

It's inspiring to see our community recognise the long-term impact of research on future generations. This is a legacy you can be proud of.

Together, we have the power to create extraordinary change.

*These figures are relevant to the publication period of June 2026 and subject to change as new data/information becomes available.



Tracy and Gail

Tracy during treatment

Tracy enjoying life after breast cancer

Meet Tracy

Tracy and her sister Gail were both diagnosed with an aggressive form of breast cancer – almost 20 years apart.

Gail's cancer came first, already too advanced by the time it was detected. And tragically, she died within two years of her diagnosis. As Tracy recalls:

“Gail was just 45 when she found a lump in her breast. The outlook in the mid-1990s was not that great. Although she commenced treatment, the options at the time didn't fit my sister's type of cancer, which had spread to her brain. Gail's daughters took care of her and she died at home with all of us there with her. It was one of the hardest things I've ever had to deal with.”

In the years since Gail's diagnosis, world-class research has increased survival rates significantly. Many scientific breakthroughs have led to earlier detection and better treatment options – including those funded by NBCF.

20 years later, Tracy was diagnosed with Triple Negative Breast Cancer (TNBC) after one of her yearly mammograms.

Thankfully, Tracy's cancer had been detected early. The treatment she received was far less invasive than Gail's – successfully saving her life.

“I am so thankful that things have changed. There is now a much greater recognition and knowledge of familial breast cancer, especially TNBC. We also now know of different treatments required for this particular type of cancer.”

“When the doctor gave me the all-clear, I was so happy I couldn't help but cry. My only regret is that Gail and her family weren't able to benefit from these changes too.”

We're committed to a future where there's Zero Deaths from breast cancer. And your legacy gift will help make this possible.

STOPPING BREAST CANCER IN ITS TRACKS

“The clear difference between me and my mum was that I was able to stop cancer in its tracks. Mum didn’t have that option.”

– Kate,
Research Guardian



Photo by Damian Bennett

Meet Kate

At the age of 49, Kate was diagnosed with breast cancer after a mammogram detected a small tumour in her breast. Mammograms were routine for Kate due to her strong family history of breast cancer. Her mother died from breast cancer when she was eight and her two older sisters were also diagnosed.

“When I was diagnosed, I was in shock – even though I had been fearful about getting breast cancer my entire life due to my family history with the disease,” she explained.

“At the time of my diagnosis, much work had been done in discovering the BRCA1 and BRCA2 genes and their predisposition to breast cancer. However, doctors couldn’t pinpoint the genes that caused my familial link, highlighting the need for further research to be conducted in this area.”

Kate made the difficult decision to remove her breasts, and today she remains cancer-free and enjoys an active and healthy life with her family.

“Before I got involved with NBCF, I couldn’t bear to think what might happen after all that our family has been through,” she said. “But now that I know so much about the research that NBCF is funding, I feel a lot calmer.”

When the time came for Kate and her husband to make their Will, leaving a gift to NBCF to fund vital breast cancer research was a natural and obvious choice.

“Because of my own experience, I want to make a difference to breast cancer research both now and in the future. Today’s discoveries lay the foundation for new treatments and medical advancements that will benefit future generations,” said Kate.

“Leaving a gift in my Will was a simple and seamless process. I encourage everyone in Australia who is passionate about making a difference to breast cancer to consider the National Breast Cancer Foundation when they are making or updating their Will.”

FREQUENTLY ASKED QUESTIONS

Why choose NBCF for my Will?

Together with other organisations that provide critical care and support during a breast cancer journey, we fund research that is vital to ending deaths from breast cancer. Since our inception in 1994, the death rate from breast cancer in Australia has reduced by over 40% – in large part due to research.

Research is improving our understanding of how breast cancer originates, grows and spreads so that we can improve the outcomes for all who are impacted.

What if you reach your vision of Zero Deaths?

Even if we achieve Zero Deaths from breast cancer, research will continue to be essential. As the number of people diagnosed with breast cancer continues to increase, ongoing research will help us understand and reduce risk, improve prevention and early detection, develop better treatments, and improve the quality and length of life for everyone affected by breast cancer.

If I already have a Will, how can I add a gift now or change it?

You can change your Will by adding a codicil to it. A codicil is a simple legal form to make minor changes or additions to an existing Will.

If you have re-thought your Will and want to make major changes, consider writing a new Will and 'revoking' (or cancelling) your old Will, as handwriting changes or making notes on it may invalidate the Will!

Please discuss this with your solicitor.

Do I need a solicitor to write my Will?

We always recommend you seek independent legal advice.

If you have decided to add a gift in your Will to the National Breast Cancer Foundation, please do let us know as we would like to personally thank you and welcome you as a Research Guardian.

If you are unsure where to start when it comes to creating a Will, here are five simple steps:

- 1 Think about who you want to remember and take care of once you are gone.
- 2 Talk to trusted family and friends about your wishes if you feel comfortable to do so.
- 3 Consider the causes you've been passionate about in your lifetime.
- 4 Seek independent legal advice about making a Will. Talk to a solicitor or create your own with guidance.
- 5 Create a Letter of Wishes to accompany your Will, clearly communicating your intentions, while remaining practical and easy for your executors and family to understand.

OUR PROMISE TO YOU

When you choose to include a gift in your Will to NBCF:

- Your privacy and wishes will always be respected
- We understand that your family and loved ones come first. Your Will is your legacy, and we encourage you to discuss your decisions with them
- We respect and appreciate your gift, no matter the size. Your support in achieving our vision is what matters most
- You and your loved ones will have the opportunity to connect with the work we are doing and the impact it is having
- We will invest your gift responsibly into research with the most potential to end deaths from breast cancer
- If you wish, we will acknowledge and thank you for your commitment to achieving our vision, and ensure that your dedication is remembered
- We respect that you may change your mind about including NBCF in your Will at any time.

HEARTFELT MESSAGES



“My grandmother, mother and two aunts have all had breast cancer and I am well aware how brutal the treatments can be. I have left a gift in my Will so that medical researchers can develop early detection methods to give people the best chance of survival. As a young mother, I don't want to live in fear of getting breast cancer. I want to protect my family and future generations, and if everyone left a gift in their Will to fund breast cancer research, what an amazing difference that would make.”

– Katharine, Research Guardian



“I was diagnosed with breast cancer in 2024 and everything changed overnight. My kids were still so young, and my first thought was, ‘I have to live. They need me.’ Treatment started almost immediately – a whirlwind of appointments, chemotherapy, surgery and radiation. The side effects were overwhelming. The fatigue, brain fog and early menopause at 31 made it

incredibly hard to be the mum I wanted to be.

I'm now in remission and grateful to be here. Before my diagnosis, I didn't realise how complex breast cancer treatment could be, or how differently each person responds. That experience has changed me. Now, I encourage everyone to support breast cancer research – because research is how we find better treatments, reduce the impact and give families more time together.”

– Aimee, NBCF Community Ambassador



“We three sisters are survivors of breast cancer, but we lost our beautiful mum Margaret to the disease in 2022. Mum cared passionately about

giving back to her community and so do we. Leaving a gift to NBCF in your Will to support research gives us hope that no more of our family will go through this.”

– Julia, Di and Kathy, Research Guardians

“My wife had breast cancer and benefited from the generosity of those whose previous gifts in their Wills funded scientific research, which enabled her to receive an early diagnosis and the best treatment and care. I have two daughters and two grandchildren, so adding a gift in my Will to NBCF and becoming a Research Guardian highlights how important breast cancer research is to me and my family.”

– Max, Research Guardian



THANK YOU FOR YOUR SUPPORT



Your legacy gift to the National Breast Cancer Foundation (NBCF) will inspire hope and leave a lasting impact for generations to come. Because of supporters just like you, a future with Zero Deaths from breast cancer is possible. **Thank you.**

Information relevant to the publish period of 2026 and subject to change

Front cover image: Amanda, Margaret, and Greta, NBCF Research Guardians



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GPO Box 4126, Sydney NSW 2001
t 1300 708 763 | 02 8098 4848
e bequests@nbcf.org.au
w nbcf.org.au

ABN 37 144 841 707